The Leigh Legend



June-July 2024



Counselor's Notes:

Congratulations to the following seniors who were awarded scholarships from various local individuals, families, and organizations as well as scholarships awarded from colleges, universities, or state organizations. Leigh High School would like to acknowledge and thank those who continue to support the local scholarships for our students, without your continued support the funding for these scholarships would not be possible. I would like to thank this senior class for their patience with scholarships and the new FAFSA this year. It has posed many challenges while completing applications and not yet receiving award notices from all colleges.

Nathan Bahns

Jim and Helen Evans Memorial Scholarship

Macy Clausen

Citizens State Bank Scholarship

Leigh Alumni Association Scholarship

Leigh Community Club Scholarship

Lisa Settje Kuta Memorial Scholarship

Lyle Hamernik Memorial Scholarship

Patriot Youth Advisory Committee Scholarship

Terri Wietfeld Memorial Scholarship

Vickie Wietfeld Memorial Scholarship

College of Hair Design Attendance Scholarship

Gracelyn Eisenmann

Aaron Cech Memorial Scholarship

Irene Gobbler Auxiliary Scholarship

Leigh American Legion Scholarship

Leigh Rescue Unit Scholarship

Patriot Booster Club Scholarship

Patriot Youth Advisory Committee Scholarship

American Red Cross Scholarship

Alternate to the LaVern Went Memorial Scholarship

Alternate to the Lyle Hamernik Memorial Scholarship

Alternate to the Paul Hollatz Memorial Scholarship

Alternate to the Vickie Wietfeld Memorial Scholarship

Wayne State College Presidential Commitment Scholarship

Blake Anderson Memorial Scholarship

William and Barbara Gerhold Scholarship

Pheobe Glissman-Mayner

Alternate to the Jan Fuhr Music Memorial Scholarship Alternate to the Leigh Volunteer Fire Department Scholarship Creighton University Award Creighton University Father Joseph Award

James Grotelueschen

Cooperative Supply Scholarship
Taylor Went Memorial Scholarship
Leigh FFA Chapter Scholarship
Alternate to the Leigh Alumni Association Scholarship
Southeast Community College Freshman Tuition Scholarship

Aubrie Hanna

Northeast Community College Scholastic Day Scholarship UNK Board of Regents Scholarship UNK Honors Program Room Scholarship UNK Honors Scholarship

Dylan Higby

Patriot Booster Club Scholarship Rick Charipar Agricultural Scholarship Alternate to the Sons of the American Legion Scholarship

Tanyn Larson

Patriot Youth Advisory Committee Scholarship
Whitetail Scholarship
Pillen Scholarship
American Red Cross Scholarship
Alternate to the Jay Blessen Memorial Scholarship
Alternate to the Leigh Alumni Association Scholarship
Alternate to the Leigh American Legion Scholarship
Alternate to the Leigh Rescue Unit Scholarship
Alternate to the Patriot Booster Club Scholarship
Alternate to the Sara Reichmuth Memorial Scholarship
Alternate to the Terri Wietfeld Memorial Scholarship

Jacob Martensen

Taylor Went Memorial Scholarship Wade Wendt Memorial Scholarship Leigh FFA Chapter Scholarship

John and Michele Hollatz Scholarship

Jordan Noonan

University of Nebraska at Lincoln-Husker Power Scholarship

Russ Herman Memorial Scholarship

Jay Blessen Memorial Scholarship

John and Michele Hollatz Scholarship

LaVern Went Memorial Scholarship

Leigh Alumni Association Scholarship

Patriot Youth Advisory Committee Scholarship

Paul Hollatz Memorial Scholarship

Wade Wendt Memorial Scholarship

Leigh FFA Chapter Scholarship

Alternate to the Citizens State Bank Scholarship

Alternate to the Leigh Community Club Scholarship

Alternate to the Rick Charipar Agricultural Scholarship

Leah Pinkston

Jan Fuhr Music Memorial Scholarship

Alternate to the Aaron Cech Memorial Scholarship

Cassandra Rayback

Aaron Cech Memorial Scholarship

Citizens State Bank Scholarship

Leigh Volunteer Fire Department Scholarship

Patriot Youth Advisory Committee Scholarship

Sara Reichmuth Memorial Scholarship

Sons of the American Legion Scholarship

Alternate to the Lisa Settje Kuta Memorial Scholarship

Alternate to the Irene Gobbler Auxiliary Scholarship

Northeast Community College Dean's Scholarship

Andrew Rivera

Susan Thompson Buffett Scholarship



Leigh Community School Board of Education Regular Meeting May 13, 2024

President Kamin Held called the meeting to order at 7:00 p.m.

Verification of Notice by Kamin Held (Published on May 8th, 2024 in the Leigh World Newspaper & Posted on May 8th, 2024 at Leigh Community Schools, Just Another Mini Mart and the Leigh Post Office) Recognition of Open Meetings Law by Kamin Held

Secretary Brabec read the roll call. Present were Urban J, Went, Brabec D, Folken, Held K, Higby, Hoffman, Machmueller.

Also present were Superintendent Fischer, Principal Faltys, Secretary Brabec.

Excuse Absence of Wietfeld M

Approval of Agenda

Public Comment – FCCLA Presentations; FBLA Presentation; Vote – State Board

Principal's Report – Students of the Month; Students of the Year; Teachers of the Year; State Track Qualifiers; Congratulations to 20 Seniors That Graduated; ACT – Juniors; NSCAS Tests – $7^{th}/8^{th}$ Grade; Transportation; Upcoming Events.

Superintendent's Report – NSCAS; Last Day of School; Last Day for Staff; Elementary Notes; Thanks & Good Luck Wishes to Mrs. Kylie Hollatz for Her Years of Service to LCS; Great Year; Good Luck to Class of 2024; Legislative Update; Children's Missoula Play.

Consent Agenda approved the April 10th, 2024 meetings minutes, Treasurer/Financial Report, Bills/Payroll.

Motion Passed: Approved FCCLA & FBLA National Convention Support

Discussion Items: Addition Update & Room Assignments; Enrollment Numbers 2024-25 School Year; Finding a Date for Board Retreat

Moved by Went, seconded by Hoffman to adjourn at 7:47 p.m. All present voting "aye". Motion carried.

Next regularly scheduled meeting will be at 6:30 pm on Monday, June 10th, 2024 at the Leigh High School STEM Room (B138).

April R. Brabec Board Secretary



Leigh Community Schools

PO Box 98

222 W. 4th Street Leigh NE 68643

SUMMER FOOD SERVICE – SUMMER MEAL SITE LOCATIONS INFORMATION

Individuals will be able to locate all meal sites across the state in two ways*:

1) By texting FOOD or COMIDA to 304-304; and

2) Access USDA's Summer Meals Site Finder.

*Please note: All location information (i.e., texting "FOOD" or "COMIDA" to 304-304 and viewing site locations on the Summer Meals Site Finder map) will be available ONLY after the NDE approves site locations (approximately May 25, 2024).

SUMMER ELECTRONIC BENEFIT TRANSFER BENEFITS

The Nebraska Department of Health and Human Services (DHHS) and Nebraska Department of Education (NDE) are partnering to issue Summer Electronic Benefit Transfer (SEBT) benefits to households of eligible students.

If your student was eligible for Free or Reduced-price meals in SY2023-24, they are eligible for SEBT and will receive a benefit card with \$120 to use at participating EBT vendors during summer break. Each eligible student's card will be loaded with \$120 in funds to purchase nutritious foods. Students are eligible for benefits by meeting these criteria:

- 1. Enrolled in a school that participates in the USDA's National School Lunch Program (NSLP) in SY2023-24 and
- 2. Qualify for Free or Reduced-price school meals in SY2023-24. Students qualify for Free or Reduced-price school meals in these ways:
 - a. Application for Free or Reduced-price school meals (these are distributed by schools at which students are enrolled);
 - b. Directly certified as foster, migrant, or homeless;
 - c. Live in household with a student directly certified for SNAP, TANF, FDPIR, Medicaid (with income guidelines that match the USDA School Nutrition).

If your student meets an SEBT eligibility requirement above, YOU DO NOT NEED TO TAKE ANY ACTION. Your student's benefit card will be issued to the address on file at your child's school. To update your mailing address, contact one of the following: DHHS at 800-383-4278 or DHHS.SEBT@nebraska.gov, or the NDE at nde.sebt@nebraska.gov, and provide parent first and last name, correct address, phone number, email address, children's first and last names and birthdates, school, and school district.

Students who do not qualify for SEBT by one of the four methods above, but live in a household that may qualify, must complete the Summer EBT application available on the NDE Nutrition Services website after June 1, 2024. DO NOT CONTACT YOUR SCHOOL TO COMPLETE THE SEBT APPLICATION. ACCESS THE APPLICATION DIRECTLY THROUGH WWW.EDUCATION.NE.GOV/NS.

Learning Empowers Individuals to Great Heights



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SUMMER ELECTRONIC BENEFIT TRANSFER BENEFITS

El Departamento de Salud y Servicios Humanos de Nebraska (DHHS) y el Departamento de Educación de Nebraska (NDE) se han asociado para emitir beneficios de Transferencia Electrónica de Beneficios de Verano (SEBT) a los hogares de estudiantes elegibles. Si su estudiante era elegible para comidas gratuitas o a precio reducido en el año escolar 2023-24, son elegibles para SEBT y recibirán una tarjeta de beneficios con \$120 para usar en vendedores participantes de EBT durante las vacaciones de verano. Cada tarjeta de estudiante elegible se cargará con \$120 en fondos para comprar alimentos nutritivos. Los estudiantes son elegibles para recibir beneficios al cumplir con los siguientes criterios:

- 1. Estar inscrito en una escuela que participe en el Programa Nacional de Almuerzos Escolares (NSLP) del USDA en el año escolar 2023-24 y
- 2. Calificar para comidas escolares gratuitas o a precio reducido en el año escolar 2023-24. Los estudiantes califican para comidas escolares gratuitas o a precio reducido de las siguientes maneras:
- a. Solicitud de comidas escolares gratuitas o a precio reducido (estas se distribuyen por las escuelas en las que los estudiantes están inscritos);
- b. Certificación directa como hogar de acogida, migrante o sin hogar;
- c. Vivir en un hogar con un estudiante certificado directamente para SNAP, TANF, FDPIR, Medicaid (con pautas de ingresos que coincidan con la Nutrición Escolar del USDA). Si su estudiante cumple con un requisito de elegibilidad de SEBT mencionado anteriormente, NO NECESITA TOMAR NINGUNA ACCIÓN. La tarjeta de beneficios de su estudiante será enviada a la dirección registrada en la escuela de su hijo/a. Para actualizar su dirección de envío, comuníquese con uno de los siguientes: DHHS al 800-383-4278 o DHHS.SEBT@nebraska.gov, o el NDE en nde.sebt@nebraska.gov y proporcione el nombre y apellido de los padres, la dirección correcta, número de teléfono, dirección de correo electrónico, nombre y apellidos y fechas de Nacimiento de los niños, escuela y distrito Los estudiantes que no califican para SEBT por uno de los cuatro métodos anteriores, pero viven en un hogar que puede calificar, deben completar la solicitud de Summer EBT disponible en el sitio web de Servicios de Nutrición del NDE después del 1 de junio de 2024. NO SE COMUNIQUE CON SU ESCUELA PARA COMPLETAR LA SOLICITUD DE SEBT. ACCEDA A LA SOLICITUD DIRECTAMENTE A TRAVÉS DE WWW.EDUCATION.NE.GOV/NS

Learning Empowers Individuals to Great Heights

2024-2025 Leigh Elementary School Supply List:

Pre-Kindergarten

Morning Pre-K Class

1 large backpack

2 boxes of 12 count crayons

1 small box of pencils

1 pencil pouch (no boxes please)

6 glue sticks-NO SCENTED ONES

2 bottles of glue

1-1.5" three ring binder

1 pair blunt tipped scissors

1 watercolor paint set 1 oversized paint shirt

1 full set of extra clothes

1 Disinfectant Spray/Wipes

1 Box of tissues

**Please initial all individual items

Afternoon Pre-K Class

1 large backpack

1 box of 24 count crayons

1 small box of pencils

1 pencil pouch (no boxes please)

6 glue sticks-NO SCENTED ONES

2 bottles of glue

1-1.5" three ring binder

1 pair blunt tipped scissors

1 watercolor paint set

1 oversized paint shirt

1 full set of extra clothes

1 Disinfectant Spray/Wipes

2 Expo Markers

**Please initial all individual items

<u>Kindergarten Supply List</u>

1 large backpack

2 boxes of tissues

2 boxes of 24 pack Crayola Crayons

(one box will be saved for 2nd semester)

1 box Crayola Classic Broad Line Markers pack of 10

1 squeeze bottle of glue

1 pair of scissors

1 pack of pencil top erasers

4 Expo Markers (no Expo bottle spray)

2 travel toothbrush holders

(found at Dollar Store or Walmart)

1 pencil box

1 container Clorox wipes

1 folder

2 wide ruled spiral notebooks

2 black Sharpie fine point permanent markers

5 glue sticks (NO scented glue sticks)

pack of plain pencils (no mechanical pencils)

pair of headphones for iPad (NO EAR BUDS)

* Please NO rulers or small pencil sharpeners

**This year your child will need a pair of tennis shoes for P.E. The shoes do not need to be new, but clean on the bottom. THESE SHOES WILL STAY AT SCHOOL. Your child will also need a pair of boots during the winter months.

1st Grade Supply List

5 glue sticks (no scented glue sticks)

1 pocket folder

4 expo markers with an eraser (Can use an old sock)

1 notebook

1 package of pencils (No mechanical pencils)

2 black sharpie markers

markers (Crayola 10 pack) crayons (Crayola 48 pack or smaller)

pencil box

scissors

2 pink erasers

Bookbaa

2 boxes of Kleenex

2 containers of Clorox wipes

Water bottle that can be brought back and forth from home

Due to our early lunch we would like everyone to bring a snack to share with the class during the first weeks of school. Examples: pretzels, goldfish, graham crackers, etc. A schedule will then be sent home for the remainder of the semester once these initial snacks are gone.

Headphones for ipad (I have your child's headphones from last year. They can use them if they would like. I can contact you after the first few weeks of school if they do not work.)

Your child will need a pair of tennis shoes for P.E. The shoes do not need to be new, but clean on the bottom. THESE SHOES WILL STAY AT SCHOOL, Your child will also need a pair of boots and snow pants during the winter months.

**Please initial all supplies before coming to school

2nd Grade Supply List

Book bag

1 bottom pocket folder

1 notebook Pencil box

6 glue sticks 1 bottle of glue

4 expo markers with an eraser NO SPRAY Pencils (NO MECHANICAL PENCILS)

2 travel toothbrush holders

(found at Dollar Store or Walmart)

Markers (Crayola 10 pack)

Crayons (Crayola 48 pack or smaller)

Scissors

6 big pink erasers

3 black sharpie markers

1 highlighter

2 boxes of Kleenex

Deodorant

2 containers of Clorox Wipes

Headphones

Due to our early lunch we would like everyone to bring a snack to share with the class during the first weeks of school. Examples: pretzels, goldfish, graham crackers etc. A schedule will then be sent home for the remainder of the semester once these snacks are gone.

Your child will need a pair of winter boots and tennis shoes for P.E. They don't need be new, but clean on the bottom. These shoes WILL stay at school.

No rulers or pencil sharpeners. Please initial all supplies before coming to school.

2024-2025 Leigh Elementary School Supply List:

3rd Grade Supply List

1 box of pencils

1 eraser

2 dry erase markers

dry eraser if possible (sock, etc.)

3 glue sticks

scissors

crayons

colored pencils

2 folders with pockets

1 composition notebook

pencil pouch

3 boxes of kleenex

1 pair of headphones or earbuds (with a cord)

Deodorant (to keep in locker)

1 container of Clorox wipes

Winter boots and P.E. shoes will be needed. PE shoes do NOT need to be new, but clean on the bottom and they will stay at school.

*No pens or mechanical pencils please

4th Grade Supply List

3 Notebooks

1 Box of Pencils

Markers

Red Pen

Eraser

Dry Erase Markers (4)

Glue Bottle

Glue Sticks

Scissors

Highlighter

Large Pencil Pouch 3 Boxes of Kleenex

2 Pocket Folders

Composition Notebook

Far Buds

2 Book Covers

Deodorant (to keep in locker)

Winter boots & P.E. shoes will be needed, P.E. shoes do NOT need to be new, but clean on the bottom and they will stay at the school.

5th Grade Supply List

2 Boxes of Pencils

4 Pens (2 Blue/2 Red)

2 black permanent markers (Sharpies)

2 (at least) highlighters (any color)

Erasers

1 pair of scissors

Glue sticks-4 or more

1 Bottle of alue

Whiteboard Markers—2 to 4

(dry eraser if possible, sock, etc)

1 spiral notebook

2 pocket folders

1 composition notebook

1 box of pencil colors, crayons, and/or markers

1 large pencil pouch (zipper bag recommended)

2 boxes of tissues

1 pair earbuds or headphones

2 Book covers (1 large, 1 small)--if possible

Deodorant for PE/Recess

PE Shoes*

*Winter boots & P.E. shoes will be needed. P.E. shoes do NOT need to be new, but clean on the bottom and they will stay at the school.

6th Grade Supply List

Glue sticks and/or bottle

Scissors

2 boxes of tissues

1 folder

Large Pencil pouch

Dry erase marker(s)

Dry eraser if possible (sock, etc.)

Highlighter(s)

Something to color with: (markers, crayons, or colored pencils)

Pen (preferably not black)

2 boxes of Pencils

eraser(s)

2 composition notebooks

3 college ruled notebooks

Earbuds or headphones

2 book covers - at least 1 large size

Deodorant

Winter boots & P.E. shoes will be needed. P.E. shoes do NOT need to be new, but clean on the bottom and they will stay at the school.



NSAA Athletic and Activities Student and Parent Consent Form

School Year:	2024-2025		
Member High School:	LEIGH COMMUNITY SCHOOL	-	
Name of Student: Date of Birth:	Place of Birth:	-	
	ardian(s), or Person(s) in Charge:	-	
Relationship to Studen			
Address(es) of Studen	t and Parent(s)/Guardian(s)/or Per	son(s) in Charge**:	
Note: If Student and all F eligibility.	Parents/Guardians do not live in the sam	e household, please include all addresses	and inform the Member School as this may impact
The undersigned(s) a collectively referred to	re the Student and the parent(s) as "Parent".	, guardian(s), or person(s) in char	rge of the above-named Student and are
The Parent and Stude	nt hereby:		
understand and agree with athletic and activi communicable disease	that (a) by this Consent Form th ty participation; (b) participation in	e NSAA has provided notice of the any activity may involve injury or aralyzation, and death; and (c) eve	e part of the Student and is a privilege and existence of potential dangers associated illness of some type, including exposure to the best supervision, the use of the best
including limitations or	transfers and limitations on the u	se of the Student's name, image, a	all NSAA Bylaws and rules interpretations, and likeness when wearing school uniforms d (b) the athletic and activities rules of the
regarding the Student	contained in the Member School	School to the NSAA, and subsequol's directory information or other ity and compliance necessary to pa	ent disclosure by the NSAA, of information similar policies, and any other records or rticipate in NSAA activities;
signed and submitted emergency response,	to the Member School; and (b Parents may be asked to consent) for purposes of determining fitner to the disclosure of confidential me	ned by a health care professional must be ess to participate, injury, injury status, or edical records or information. Records and lealth care provider(s), Member School, or
any injury or illness that treatment, and rehabili the Student to a medic	t occurs during the Student's parti ation for these injuries that is mad al facility if necessary; and (b) that	cipation in NSAA activities. This inc e available by the Member school a Parents are obligated to pay for pro	rts injury personnel, to evaluate and treat cludes all reasonable and necessary care, and/or the NSAA, including transportation of ofessional medical and/or related services; ade available by the Member School or
(6) Understand that the means while participati	Student or Student's likeness bei ng in NSAA activities and contests	ng photographed, video recorded, a s and that any such recording may b	audio taped, or recorded by any other pe used for broadcast, sale, or display.
We, Parent(s) and Str thereof, including the v participate in NSAA ac	varning of potential risk of injury i	read paragraphs (1) through (6) a nherent in participation in athletics	above, understand and agree to the terms and activities, and agree that Student may
Student Printed Name	<u>Student S</u>	ignature	Date of Signature
Parent(s) Printed Nan	ne(s) Parent Sig	<u>ınature(s)</u>	Date of Signature(s)

PREPARTICIPATION PHYSICAL EVALUATION

HISTORY FORM

Note: Complete and sign this form (with your parents if yo	ounger than 18) before your appointment.
Name:	Date of birth:
Date of examination:	Sport(s):
Sex assigned at birth (F, M, or intersex):	How do you identify your gender? (F, M, or other):
List past and current medical conditions.	
Have you ever had surgery? If yes, list all past surgical pro	ocedures
Medicines and supplements: List all current prescriptions	, over-the-counter medicines, and supplements (herbal and nutritional).
Do you have any allergies? If yes, please list all your alle	ergies (ie, medicines, pollens, food, stinging insects).
Patient Health Questionnaire Version 4 (PHQ-4) Over the last 2 weeks, how often have you been bothered	
r-1:	Not at all Several days Over half the days Nearly every day

Over the last 2 weeks, how often have you been both	hered by any of	the tollowing prob	lems? (Circle response.)
	Not at all	Several days	Over half the days	Nearly every day
Feeling nervous, anxious, or on edge	0	1	2	3
Not being able to stop or control worrying	0	1	2	3
Little interest or pleasure in doing things	0	1	2	3
Feeling down, depressed, or hopeless	0	1	2	3
(A sum of ≥3 is considered positive on either su	ubscale [question	ns 1 and 2, or ques	stions 3 and 4] for scre	ening purposes.)

(Exp	ERAL QUESTIONS lain "Yes" answers at the end of this form. e questions if you don't know the answer.)	Yes	No
1.	Do you have any concerns that you would like to discuss with your provider?		
2.	Has a provider ever denied or restricted your participation in sports for any reason?		
3.	Do you have any ongoing medical issues or recent illness?		
HEA	RT HEALTH QUESTIONS ABOUT YOU	Yes	No
4.	Have you ever passed out or nearly passed out during or after exercise?		
5.	Have you ever had discomfort, pain, tightness, or pressure in your chest during exercise?		
6.	Does your heart ever race, flutter in your chest, or skip beats (irregular beats) during exercise?		774774
7.	Has a doctor ever told you that you have any heart problems?		
8.	Has a doctor ever requested a test for your heart? For example, electrocardiography (ECG) or echocardiography.		

	RT HEALTH QUESTIONS ABOUT YOU NTINUED)	Yes	No
9.	Do you get light-headed or feel shorter of breath than your friends during exercise?		
10.	Have you ever had a seizure?		
HEA	RT HEALTH QUESTIONS ABOUT YOUR FAMILY	Yes	No
11.	Has any family member or relative died of heart problems or had an unexpected or unexplained sudden death before age 35 years (including drowning or unexplained car crash)?	v	
12.	Does anyone in your family have a genetic heart problem such as hypertrophic cardiomyopathy (HCM), Marfan syndrome, arrhythmogenic right ventricular cardiomyopathy (ARVC), long QT syndrome (LQTS), short QT syndrome (SQTS), Brugada syndrome, or catecholaminergic polymorphic ventricular tachycardia (CPVT)?		
13.	Has anyone in your family had a pacemaker or an implanted defibrillator before age 35?		

ol	NE AND JOINT QUESTIONS	Yes	No	MEDICAL QUESTIONS (CONTINUED)	Yes	No
	Have you ever had a stress fracture or an injury to a bone, muscle, ligament, joint, or tendon that caused you to miss a practice or game?			25. Do you worry about your weight?26. Are you trying to or has anyone recommended that you gain or lose weight?		
	Do you have a bone, muscle, ligament, or joint injury that bothers you?			27. Are you on a special diet or do you avoid certain types of foods or food groups?		
100	DICAL QUESTIONS	Yes	No	28. Have you ever had an eating disorder?		
	Do you cough, wheeze, or have difficulty breathing during or after exercise?			FEMALES ONLY	Yes	No
	Are you missing a kidney, an eye, a testicle (males), your spleen, or any other organ?			29. Have you ever had a menstrual period?30. How old were you when you had your first menstrual period?		
	Do you have groin or testicle pain or a painful bulge or hernia in the groin area?			31. When was your most recent menstrual period?		
	Do you have any recurring skin rashes or rashes that come and go, including herpes or methicillin-resistant <i>Staphylococcus aureus</i> (MRSA)?			32. How many periods have you had in the past 12 months? **plain "Yes" answers here.		
	Have you had a concussion or head injury that caused confusion, a prolonged headache, or memory problems?					
	Have you ever had numbness, had tingling, had weakness in your arms or legs, or been unable to move your arms or legs after being hit or falling?					
	Have you ever become ill while exercising in the heat?					
	Do you or does someone in your family have sickle cell trait or disease?					
	Have you ever had or do you have any prob-					

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Signature of athlete: ___

Signature of parent or guardian:

PREPARTICIPATION PHYSICAL EVALUATION

PHYSICAL EX	AMINAT	ION FORM	M					
Name:				Date	e of birth	າ:		
PHYSICIAN REMIN	MULDC					-		_
1. Consider addi Do you fee Do you eve Do you fee Have you e During the Do you dri Have you e Have you e	itional questice of stressed out er feel sad, he el safe at you ever tried ciga past 30 day ink alcohol or ever taken an ever taken an ear a seat bel	r or under a lot opeless, depres r home or resid arettes, e-cigar s, did you use o use any other nabolic steroids by supplements t, use a helmet,	t of pressure? ssed, or anxious? dence? rettes, chewing tobacco, snuff, or di chewing tobacco, snuff, or dip?	hancing supplementi improve your perfori				
EXAMINATION								
Height:		Weight:						
BP: /	(/)	Pulse:	Vision: R 20/	L 20/	Correct	ed: 🗆 Y	□N	
MEDICAL				同性的现在		NORMAL	ABNORMAL FINDINGS	
myopia, mitral Eyes, ears, nose, o Pupils equal	l valve prolap		hed palate, pectus excavatum, arad l aortic insufficiency)	chnodactyly, hyperla	xity,			
Hearing						v rekamentaria kanada		
Lymph nodes					~~~	***************************************		
Heart		le fr. e	:					
	cultation stand	aing, auscultati	ion supine, and ± Valsalva maneuve	er)				
Lungs	**************************************					***************************************		
Abdomen Skin								
CONTRACTOR	x virus (HSV),	, lesions sugge	stive of methicillin-resistant <i>Staphyl</i> o	ococcus aureus (MRS	SA), or			
Neurological								
MUSCULOSKELET	TAL		可含的是在多种特色的影响。在自己			NORMAL	ABNORMAL FINDINGS	
Neck								
Back								
Shoulder and arm	1							_
Elbow and forear	m				***************************************	HERMONE PORTER SECULAR ARCAMENT AND ARCAMENTAL		_
Wrist, hand, and	fingers					THE THE THE PARTY OF THE PARTY		_
Hip and thigh					a managaran			_
Knee								_
Leg and ankle		DOMESTIC STREET, THE PARK AND ADDRESS OF THE PARK AS INCOME.		TOTAL				-
Foot and toes								_
Functional								_
Double-leg squ	uat test, single	e-leg squat test	, and box drop or step drop test					
	THE RESERVE TO THE PERSON NAMED IN		hy, referral to a cardiologist for abnormal of	cardiac history or exami	nation find	lings, or a com	ination of those.	
Name of health care	professional ((print or type):				Date:		
Address:				Phon	ne:			
© 2019 American Ac	ademy of Fami	ly Physicians, An	merican Academy of Pediatrics, America and American Osteopathic Academy of S	n College of Sports Me	edicine, Ar	nerican Medic	al Society for Sports Medicine	Э,
tional purposes with a	icknowledgmen	t.	ина Антенсан Озвеоринно Academy of а	opons medicine, rermi	ssion is gr	итеа то гергії	ii ioi noncommercial, educa-	

I hereby give permission for the release of the attached student medical history and the results of the actual physical examination to the school for the purposes of participation in athletics and activities.

Parent or Legal Guardian Signature ____

Date ____

PREPARTICIPATION PHYSICAL EVALUATION

MEDICAL ELIGIBILITY FORM _____ Date of birth: _____ Name: _ ☐ Medically eligible for all sports without restriction ☐ Medically eligible for all sports without restriction with recommendations for further evaluation or treatment of ☐ Medically eligible for certain sports ☐ Not medically eligible pending further evaluation ☐ Not medically eligible for any sports Recommendations: I have examined the student named on this form and completed the preparticipation physical evaluation. The athlete does not have apparent clinical contraindications to practice and can participate in the sport(s) as outlined on this form. A copy of the physical examination findings are on record in my office and can be made available to the school at the request of the parents. If conditions arise after the athlete has been cleared for participation, the physician may rescind the medical eligibility until the problem is resolved and the potential consequences are completely explained to the athlete (and parents or guardians). Address: _____ Phone: _____ Signature of health care professional: _______, MD, DO, NP, or PA SHARED EMERGENCY INFORMATION Medications: Other information: _____ Emergency contacts:

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Leigh Community Schools

						National FBLA Leadership Conference in Orlando FL
						Clarkson Czech Days
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National FBLA Leadership Conference in Orlando FL		Conference in Seattle WA		Girls BB Patriot Team Camp in Leigh (2 Teams)		
Clarkson Czech Days	Clarkson Czech Days	FCCLA leaves for National		FB - Wayne State Camp	FB - Wayne State Camp	FB - Wayne State Camp
29	28	27	26	25	24	23
					FB O-Line Install 6-7:00 p.m. in Clarkson	
		JV Boys BB Team Camp @ Dodge	Boys BB Patriot Team Camp @ Leigh	FB O-Line Install 6-7:00 p.m. in Clarkson	Girls BB @ Wahoo Team Camp (1 Team)	Boys BB Open Gym 6-7:30 p.m. in Leigh
22	21	20	19	18	17	16
	JH Boys BB Team Camp @ Central City		JV Boys BB @ Cross County Team Camp	Boys BB @ Cross County Team Camp		
	Girls BB @ Boone Central Team Camp (2 Teams)		Girls BB @ Oakland/Craig Team Camp (2 Teams)	Girls BB Patriot Team Camp in Leigh (2 Teams)	6:30 p.m. Regular School Board Meeting	Boys BB Open Gym 6-7:30 p.m. in Clarkson
15	14	13	12	11	10	9
					FB Veer Academy 6-7:00 p.m. in Leigh	
				FB Veer Academy 6-7:00 p.m. in Leigh	JH Summer Weights Begin	
				Malcom Team WR Camp	Malcom Team WR Camp	
		FB Veer Academy 6-7:00 p.m. in Leigh	Boys BB Team Camp @ Central City	Little Pats Basketball Camp @ Leigh - New Gym	Little Pats Basketball Camp @ Leigh - New Gym	NO ELEM GYM USAGE
JH B BB Camp @ Shelby	Girls BB @ Centura Team Camp (1 Team)	NO ELEM GYM USAGE	NO ELEM GYM USAGE	NO ELEM GYM USAGE	NO ELEM GYM USAGE	Boys BB Open Gym 6-7:30 p.m. in Leigh
8	7		5	4	3	2
NO ELEM GYM USAGE						
1	31	30	29	28	27	26
Sat	Fri	Thr	Wed	Tue	Mon	Sun
			June			

Leigh Community Schools

				JH FB Camp 4:00-5:30 p.m. at Clarkson Practice Field			
				NO H/S GYM USAGE	NO H/S GYM USAGE	NO H/S GYM USAGE	NO H/S GYM USAGE
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27		26	25	24	23	22	21
					FB Day Camp in Columbus 11:00 a.m3:30 p.m.		
Colfax County Fair	Colfax	Colfax County Fair	Colfax County Fair		VB Team Camp in Clarkson		
20	The state of the s	19	18	17	16	15	14
					Gr 10:00-11:30 a.m.; 24-25's 3rd-5th Gr 12:00-1:30 p.m.)	Patriot Youth VB Camp in Clarkson (24-25's 6th-8th Gr 10:00-11:30 a.m.; 24-25's 3rd-5th Gr 12:00-1:30 p.m.)	
					Patriot Youth VB Camp in Clarkson (24-25's 6th-8th	Graders in 24-25)	
				Leigh Learning League - 9:00-11:00 a.m. (1st-3rd Graders in 24-25)	Leigh Learning League - 9:00-11:00 a.m. (1st-3rd Graders in 24-25)	Summer Training Resumes Leigh Learning League -	
13		12	1	10	9	. 8	7
				Summer Weights/Training OFF WEEK	רדי WEEZ	OTT WEER	
				Seattle WA	Summer Weights/Training	Summer Weights/Training	
		Summer Weights/Training OFF WEEK	Summer Weights/Training OFF WEEK	FCCLA returns from National FCCLA	National FBLA Leadership Conference in Orlando FL	National FBLA Leadership Conference in Orlando FL	
6		5	4	ω.	2	1	30
Sat		Fri	Thr	Wed	Tue	Mon	Sun
			<	July ~ 2024 .			

THE LEGEND
222 W 4TH STREET
P O BOX 98
LEIGH NE 68643

NON-PROFIT ORGANIZATION
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From the Principal's Desk:



In a blink of an eye, another year at Leigh Community Schools is in the books. We had a lot of great memories but nothing more special than watching our 20 seniors walk across the stage for the last time. I want to wish them nothing but the best in their futures. Other than graduation, we had our annual Academic Awards Program during the last weeks of school and students were recognized for their scores during the school year. This year, I recognized two students for I Student of the Year: Macy Clausen & Brianne Kuhr! Congrats to you two. Also, I

recognized two teachers for Teacher of the Year: Justine Fischer and Jarrod Bazata.

Congratulations. All the things that students and staff do, do not go unnoticed and I appreciate all the things that you do to make Leigh Community Schools THE BEST. 2023-2024 was another great year but I look forward to seeing what 2024-2025 has in store for us! I want to thank everyone for a fantastic year. Have a safe summer and like always, It's A Great Day To Be A Patriot!

Students of the Month (April) Riley Van Dyke (Junior), Brayden Loseke (Sophomore), and Nevaeh Zulkoski (Sophomore)